

## Discussion Questions for Parents and Educators

Developed by [Wendy L. Sellers](#), RN, MA, FASHA, CSE, alias The Puberty Lady

Parents and educators can use the following questions to help young people understand and discuss consent. Answers are provided to help guide and inform the conversation.

### **How can you tell if someone would like a kiss?**

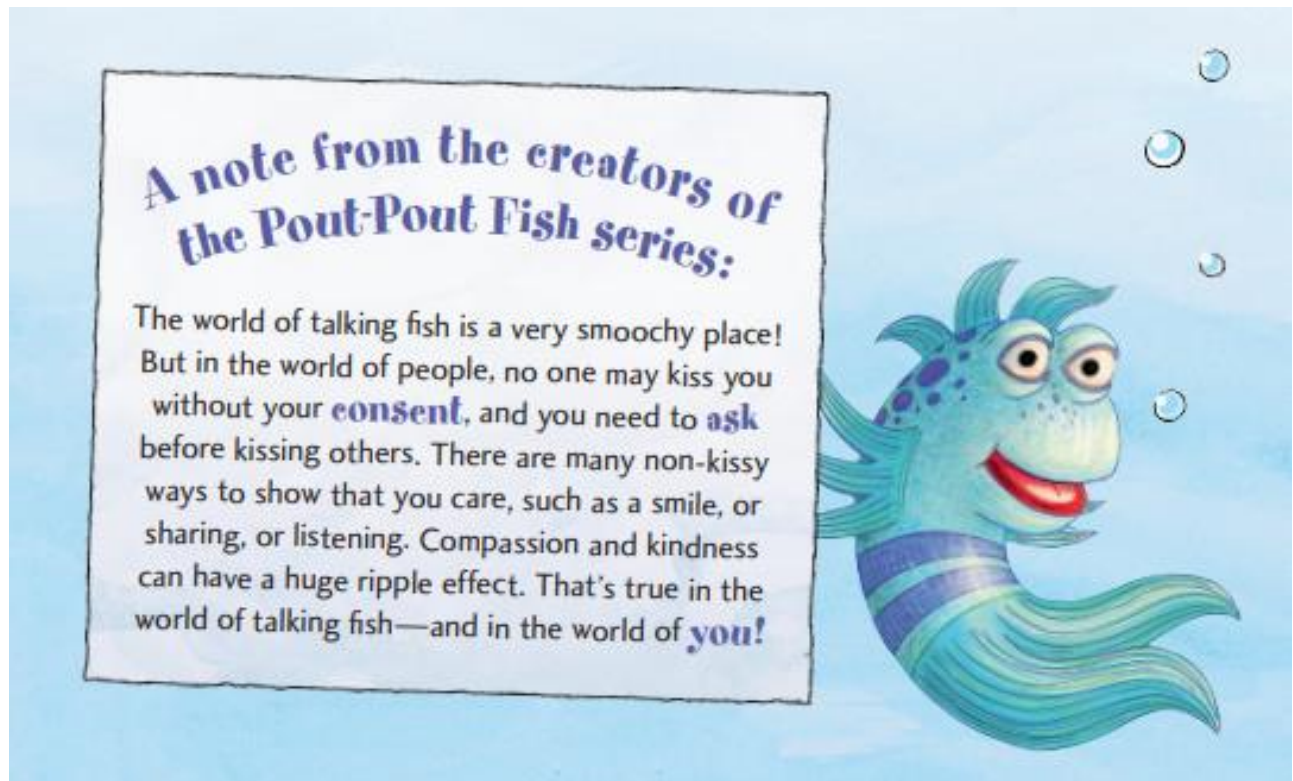
There are two ways you can tell if someone would like a kiss: 1) Ask them if they want a kiss. 2) Hear them ask for a kiss.

### **How can you show that you care about someone without kissing them?**

Write them a note. Listen to their ideas and feelings. Offer to share an activity with them. Invite them to play with you. Smile at them. Ask them if they would like a hug. Sit beside them.

### **If someone kisses you when you do not want a kiss, what can you do?**

Tell them to stop. Walk away. Tell a trusted adult.



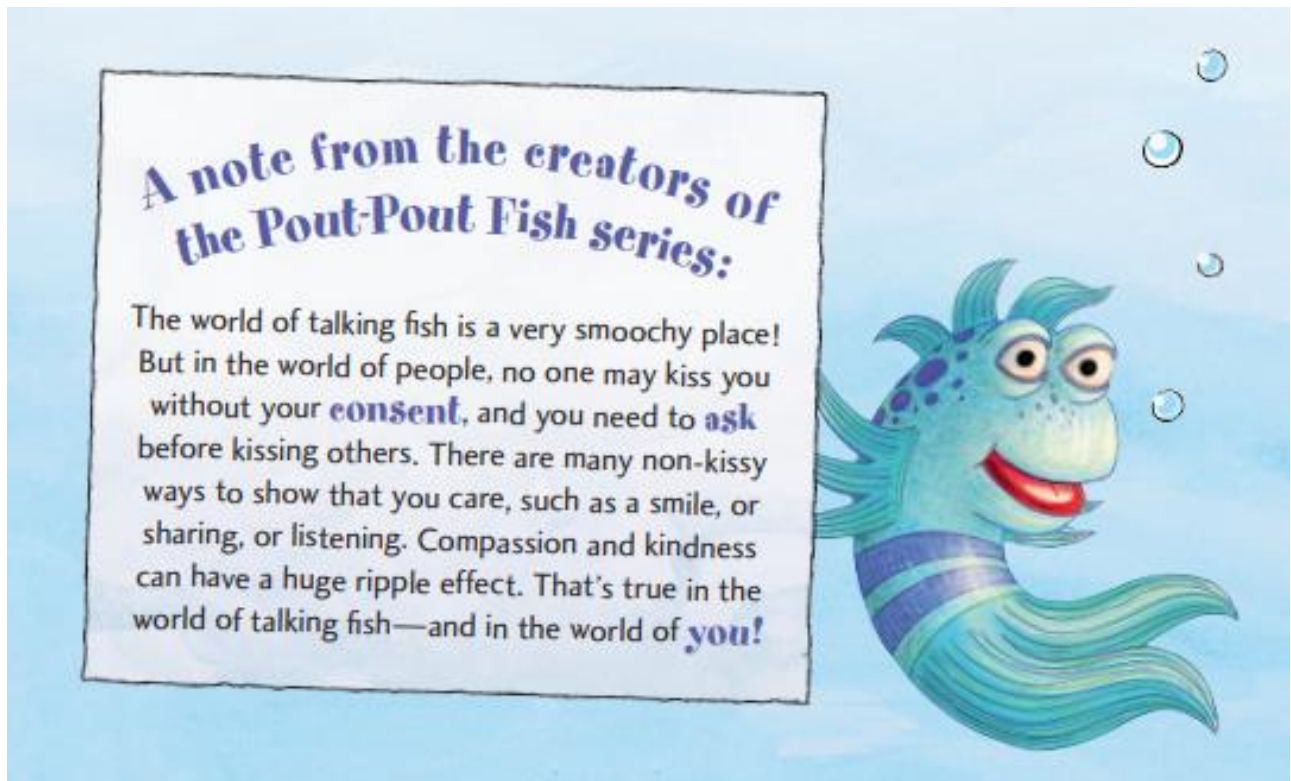
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### **A note from the creators of the Pout-Pout Fish series:**

The world of talking fish is a very smoochy place! But in the world of people, no one may kiss you without your **consent**, and you need to **ask** before kissing others. There are many non-kissy ways to show that you care, such as a smile, or sharing, or listening. Compassion and kindness can have a huge ripple effect. That's true in the world of talking fish—and in the world of **you!**

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# About Wendy L. Sellers

The discussion questions featured in the handouts above were developed by [Wendy L. Sellers](#), RN, MA, FASHA, CSE.

Wendy has been a passionate advocate for health promotion for students for more than 30 years.

She is the author of *Puberty: The Wonder Years*, a curriculum that provides skills-based and comprehensive sexuality education that starts early, involves parents, and meets students' needs.

She is also co-author of the nationally-recognized, evidence-based *Michigan Model for Health*, and has trained hundreds of educators across the country in its use.

For more information about her puberty education resources as well as her availability for presentations, visit Wendy's website at <https://pubertycurriculum.com/>.

Or contact Wendy at [Wendy.Sellers@PubertyCurriculum.com](mailto:Wendy.Sellers@PubertyCurriculum.com) or UGH-PUBERTY (844-782-3789).